

Putnam's Area Counseling Resources

This counseling resource guide serves as a resource for families. Putnam Public Schools does not endorse any one clinician or practice and families should decide on therapeutic benefit of individual providers based on their child's needs and response to treatment.

1 *Quiet Corner – Providence Street, Putnam CT*

Susan Frechette, LCSW Ext 1
Clinical Social Worker

Gina Mills, LCSW Ext 2
Clinical Social Worker

Laurie Britto, LPC Ext 3
Licensed Practicing Counselor

Providence Street, Putnam, CT
860-315-9025

2 *Family Counseling Center*

50 Academy Hill Road
Plainfield, CT

860 – 564 - 2323

Director: Phil LeFemina, LCSW Ext 0

Dr. Olivia Locker, MD (Medication Management) Ext 2

Ester McNeil-Camerata, LPC Ext 1

Maria Gorbe. LPC Ext 3

Eileen Blair, LCSW Ext 4

Trisha Ring, LCSW Ext 7

Tracy Clang – cell # 860-208-0665

Corinne Lewis – cell # 860-377-8208 (Is accepting clients for In-Home Counseling,
Waiting List for in the office counseling)

3 ***Northeast Clinical Specialists, LLC***

50 Academy Hill Rd
Plainfield, CT

860 - 564 – 3015

www.neclinical.com

. Kyle Fuller, APRN – specializes in anxiety, depression and medication management.

4. **Generations Health Center – Mental Health**

202 Pomfret Street
Putnam, CT 06260

860-963-7917

5. **Inlight Professional Counseling Center**

70 Cottage Street, Danielson, CT

860-774-0215

Andrea Delage, LCSW

Archna Khattar, LMFT

Carolyn Gencarella, LPC

Diane Jamieson, LPC

Donna Johnson, LCSW

Christine Parham, LADC

Claire Signore, LADC

Dennis Strandson, LPC

Janine Pilney, LADC

Nancy Grandelski, LCSW

... (continued Inlight Professional Counseling Center)

Hailey Tiller, LCSW

Elizabeth Clarke, LPC

Hilary Lange, LPC

6. *Coyle Psychological Associates*

Dr. Michael and Andrea Coyle
5 Sunset Avenue, # A
Putnam CT 06260
860-928-2119

**7. *Day Kimball Hospital Mental Health
Clinical Services and Medication Management***

320 Pomfret Street
Putnam, CT 06260
(860) 963-6385

8. *Jennifer E. Kruczek, LCSW*

96 Front Street
Putnam, CT 06260
Suite D
860-790-9242

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Accepts Husky A, B, C and D insurance only

- 9. Joel Perlmutter, PhD**
A Balanced Approach
Putnam, Connecticut 06260
860-928-6619

10. *United Services*

Parent-Child Resource Center
1007 N. Main St.
Dayville, CT 06241
860-774 – 2020
1-800-864-6203

Accepts most insurance plans

11. *Brian Carberg, LPC , NCC , BCPC*

14 Nowakowski Rd
Griswold, Connecticut 06351
Contact Information
phone: (860) 591-8128
fax: (860) 376-3031

Accepted Insurance Plans:
BlueCross and/or BlueShield
MHN/Managed Health Network

12. *Michael Luongo, LPC, LLC*

267 Willimantic Road
Suite 5
Chaplin, Connecticut 06235
(860) 595-2418 x3
fax: (860) 859-9492

Aetna Accepted Insurance Plans:

BlueCross and/or BlueShield
Cigna
Husky Part A&B
MHN/Managed Health Network
United Behavioral Health

13. *Ms. Marlene Heald, Clinical Social Work/Therapist, ACSW, LCSW*

493 Taft Pond Rd
Pomfret Center, Connecticut 06259
(860) 591-9925

Accepted Insurance Plans:

Aetna
BlueCross and/or BlueShield
CT Husky Plans
Charter Oak Health Plans
Cigna
Health Net
Humana
MHN/Managed Health Network
Magellan Behavioral Health
Medicare

14. *Erica Diamond, MA, LMFT*

18 Dog Lane Suite C
Storrs Mansfield, Connecticut 06268
860 – 578 - 2849

Additional Contact

(860) 933-0483

Adolescents / Teenagers (14 to 19)

Adults

Accepted Insurance Plans:

BlueCross and/or BlueShield
Cigna

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HUSKY
Health Net
MHN/Managed Health Network

15. *Lisa Heitmann, LCSW – Clinical Social Worker/Therapist*

18 Ledgebrook Drive
Suite E
Mansfield Center, Connecticut 06250
phone: (860) 742-1970
fax: (860) 456-2652

Specializes in older teens 18+, Adults

16. *Melissa Pelletier, LCSW*
Clinical Social Work/Therapist

354 Warrenville Rd.
Mansfield Center, Connecticut 06250

(860) 819-3889
fax: (860) 429-5994

Specializes in children ages 11 and older

Accepted Insurance Plans: Cigna Husky

17. *Northeast Clinical Psychotherapy Associates*

50 Academy Hill Road
Plainfield, CT
860-230-0771
Amy Chase
Phillip Brown
Lynsey Pasteriac – Specializes in children

Accepts most insurance plans:

Medicare (Medicare part B)
Medicaid (title 19, Husky and State Insurance)
Anthem Behavioral Health / Blue Cross and Blue Shield
Health Net
Cigna Behavioral Health

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Magellan Behavioral Health
ValueOptions
Oxford Health Plans
Aetna Health Plans
Managed Health Network

18. CHR – Community Health Resources

www.chrhealth.org
995 Day Hill Road
Windsor, CT 06095
1-877-884-3571

--- **Functional Family Therapy** --- 860-456-0038

Provides in home therapy to children age 11 – 17 with a variety of mental health problems once a week. Targeted for families with limited resources, those who have experienced treatment failure.

-- **ICAPS** -- Intensive Counseling In-Home Services (1-877-884-3571)

- **Emergency Mobile Psychiatric Services (EMPS)** – 211 press 1

Provides emergency mobile assessment in the community, at home or at school. Call 211 and press 1 to access EMPS services.

19. Connecticut Behavioral Health Services

Dr. Awwa and Dr. Traboulsi
(Adult and Child Psychiatrists)

860-823-1399
Fax: 860- 823- 1170
12 Case Street, Suite 314
Norwich, CT

20. Joshua Center Northeast (after school group therapy programs)

934 N Main St

Danielson, CT 06239
860-779-2101

21. Putnam Counseling Center

52 Church Street, 2nd floor
Putnam, CT 06260
860- 928-3767

. **Kathy Bullock**

. **Dawn Gurn**

22. Dr. Alan Schmerler, MD
Adolescent and Child Psychiatry

71 Haynes Street
Manchester, CT 06040
860-646-1222

23. Thomen, Maryann, LMFT

1036 North Main Street
Dayville, CT
860 - 779 – 2402

Specializes in couple and family therapy. Does not see children under the age of 10 years

*old. *Does accept insurance providers under the managed health network, PHS -*

Blue Cross/ Blue Shield, Cigna, Title 19-State Medicaid, Family Care Blue, or Aetna

24. Connecticut Sexual Assault Crisis Services, Inc.

96 Pitkin Street
East Hartford, CT
860-282-9881

www.connsacs.org

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1-888-999-5545

You will be connected to the nearest sexual assault crisis service. Each center provides:

24-hour crisis hotline

Information and referral